

Curriculum Vitae

Dr Vishal Mehta

**MBBS, DCH, MD Paediatrics, FRCPCH,
PG Diploma in Child Health
British Board CCT in Paediatric Neurodisability**

2024

Personal Details:

- **Name:** Dr. Vishal Mehta
- **GMC No :** 6139728
- **Professional Membership :** RCPCH, BPNA, EPNS, ICNC, IAP

Academic and professional Qualification:

- **British Board CCT (Certificate of Completion of specialist Training) in Paediatric Neurodisability and General Paediatrics :**RCPCH, UK
- **PG Diploma in Child Health :** University of Leeds
- **FRCPCH :** RCPCH (2016)
- **MD Paediatrics:** Lokmanya Tilak Medical College, Mumbai, India
- **DCH:** College of Physician and Surgeon, Mumbai, India
- **MBBS:** Mahatma Gandhi Medical College Indore, India

Experience:

2023 till date: Clinical lead, paediatric medicine, Hull Royal Infirmary.

2014 till date: Consultant Paediatricians with interest in epilepsy, neurology, headache and neurodisability: Hull Royal Infirmary.

2011-2014: Higher specialist training programme (National Grid Fellowship) in Paediatric Neurodisability, UK.

2006 -2010: Higher specialist training programme in Paediatrics, UK. Worked mainly in North West, East and West Yorkshire region.

2004-2005: Senior resident in paediatrics and neonates at CHL Apollo Hospital, Indore

2001-2004: Paediatric Training (MD Pediatrics), Lokmanya Tilak Medical College, Mumbai.

Expertise:

Paediatric epilepsy, neuro-degenerative and neuro-metabolic conditions, neuro developmental disorder, neuromuscular conditions, cerebral palsy, paediatric headache and movement disorder. I also see children with different general paediatric issues like bowel problem (constipation, gastro esophageal reflux, and abdominal pain), poor weight gain, Urine

infections, fainting, POTS, dizziness, fatigue, chest pain, palpitation, Eczema, Cow's Milk Protein Allergy, breathing problem and asthma.

I also participate in consultant paediatric on call rota (1 in 12) including consultant of week cover for acute paediatric admissions. I am up to date with my safeguarding, and EPALS training. I am national faculty teaching in BPNA headache (CHaT) and epilepsy courses (PET1 & 2). I am also EPALS instructor.

I served as paediatric educational lead for the HUTH until recently and currently been appointment as clinical lead for paediatric medicine services.

National roles:

- BPNA headache course (ChaT) – Steering committee member.
- BPNA Childhood Headache special interest group (CHAN) member and educational lead.
- Member of BPNA working group for the Development of Consensus Standards of Medication use in the management of dystonia
- National reviewer for NCEPOD study on chronic neurodisability.
- Member of BPNA Delphi consensus group for developing Idiopathic Intra Cranial Hypertension (IIH) Guideline.
- Examiner Elect (RCPCH)– MRCPCH clinical exam

Previous Appointment:

02/09/2013-31/08/2014	Neurodisability Grid trainee ST8 Norfolk and Norwich University Hospitals	Children's Center Upton Road, Norwich
06/02/2013-06/08/2013	Pediatric Neurodisability – ST7	CDC St James Hospital, Leeds
01/08/2012-05/02/2013	Paediatric Neurology Registrar- ST 7	Leeds General Infirmary
01/02/2012-31/07/2012	Paediatric Neurodisability-ST6	Dewsbury District Hospital
03/08/2011-31/01/2012	Paediatric Neurology Registrar- ST 6	Leeds General Infirmary
05/08/09-02/08/2011	Core paediatric training- Yorkshire Deanery	Hull Royal Infirmary

02/02/11 02/08/2011 6 month	Community Paediatric Registrar- ST 5 Hull Royal Infirmary
03/02/10 – 01/02/11 12 months	Registrar: ST4-5 General Paediatrics, Hull Royal Infirmary

05/08/09 – 02/02/10 6 months	Registrar: ST4 Neonates (level 3 unit), Hull Royal Infirmary
04/03/09 – 04/08/09 5 months, Full time	SHO : ST3 General Paediatrics, Harrogate District Hospital
01/02/2009- 03/03/2009 1 month	Specialty Doctor Furness General Hospital, Barrow In Furness
06/08/08-03/02/09 6 months	FTSTA 2 in Paediatrics Furness General Hospital, Barrow In Furness
06/02/08 -05/08/08 6 months	Clinical Fellow Neonates (Level 3 NNU) St Mary's Hospital, Manchester
01/08/07-05/02/08 6 months	Clinical Fellow Paediatrics St Mary's Hospital, Manchester
07/02/07-31/07/07 6 months	SHO Neonates (Level 2 NNU) The Whittington Hospital NHS Trust
08/02/06- 07/02/07 12 months	SHO Paediatrics and Neonates Bedford Hospital NHS Trust
01/05/04 – 25/04/05 12 months	SHO General Paediatrics & Neonatal Medicine CHL Apollo Hospital, Indore, India
15/02/01-31/01/04 36 months	SHO General Paediatrics, Paediatric Haemato-Oncology, Paediatric Neurology, NICU, PICU and A&E Lokmanya Tilak Medical College, Mumbai, India

Presentation:

- ***Atypical Hirayama's disease-*** Poster presentation at ICNA conference, May 2024
- ***The use of an algorithm to identify patients with potential neurotransmitter disorders in England.*** Poster presentation(Virtual) at BPNA annual conference, Jan 2021
- ***UK consensus recommendations for the assessment and management of children and young people with Idiopathic Intracranial Hypertension.*** Poster presentation at EPNS meeting in Glasgow, June 2022.
- **Identification of individuals with likely AADC deficiency based on DDC variation in the Genomics England (GEL) 100k Genomes Project dataset.** Poster presentation(Virtual) at BPNA annual conference, Jan 2021
- BPNSU project on ***'Glucose transporter-1 deficiency syndrome (GLUT1DS): Survey of clinical presentation in the UK and Ireland'***. Presented as poster in the RCPCH 2014 spring meeting.

- ***Does SCN1A predispose to BANBP2 to become manifest? A case report of 2 siblings with Autosomal Dominant Acute Necrotizing Encephalitis.*** Poster presentation at BPNA annual conference 2013.
- ***A paediatric case of reversible cerebral vasoconstriction syndrome (RCVS) presenting with intraventricular hemorrhage.*** Poster presentation at BPNA annual conference 2013
- ***Isolated peripheral extraarticular enthesitis presenting as proximal muscle weakness:*** Poster presentation at BPNA annual conference 2012.
- ***Generalised Arterial Calcification of Infancy (GACI): Novel mutations of the ENPP1 Gene.*** Poster presentation at British Congenital Cardiac Association 2010 annual meeting at Winchester, November 2010
- ***Impact of Single Session Education Program on Parental Knowledge of Learning Disability.*** Poster presentation at 8th Asian Ocean Conference on Child Neurology, New Delhi, India, October 2004

Publication:

- Corticosteroids including ACTH for childhood epilepsy other than epileptic spasms. Cochrane Database of Systematic Reviews 2015, Issue 6. Art. No.: CD005222. DOI: 10.1002/14651858.CD005222.pub3. **Mehta V**, Ferrie CD, Cross JH, Vadlamani G
- Impact of Educational program on Parental Knowledge of Specific Learning Disability. Indian J of Med Sci 2007 July; 61(7) 398-406. **Mehta V**, Karande S, Kulkarni M.

Hobbies and Outside Interests

I have a keen interest in sport and regularly play badminton. I enjoy travelling, cycling and walking around the Yorkshire countryside.